

HOW TO USE BEETS

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HUMMUS

Super creamy and perfect with chips, pita, veggies or as a sandwich spread.

SMOOTHIES

Pair with citrus to cut the earthiness of the beet and enjoy often - they have loads of health benefits!

JUST ROAST

They have a naturally sweet flavor and tender texture. Great with other veggies or let them shine all alone.

THE GREENS

Beet greens are edible and can be prepared much like spinach or swiss chard.

CUBED SALAD

Once cooked and cooled, chop your beets into bite-sized cubes and toss them in a hearty salad.

SHARE SOME

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