

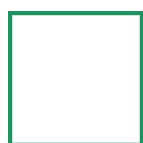
# HOW TO USE BEANS

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## SAUTE IN BUTTER

Toss a few times but let them sear mostly. Season with salt and pepper. Voila!



## STIR FRY

Chop them up with carrots, onions and mushrooms. Add an Asian-inspired dressing and rice!



## DILLY BEANS

Green beans prepared in a dill fashion are one of the greatest treats on earth. Try them spicy, too!



## SALAD

Once lightly cooked, cooled, and dressed, green beans make a delightfully crunchy salad.



## FRIED

This is a crunchy golden snack that's just too good to pass up. Pair them with a creamy homemade dip!



## SHARE SOME

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