

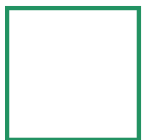
HOW TO USE BROCCOLI

Check your way through the bounty that Pennsylvania has to offer and share your story with others - tag #paveggies.



DIP

No preparation needed. Just grab your favorite dip, break off a few florets, and enjoy!



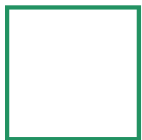
STEAM

It takes just minutes and leaves the broccoli bright and bursting with flavor - add salt and pepper to taste.



PASTA

Choose a light sauce in the summer and add tomatoes, onions, and other fresh veggies for pure bliss.



SLAW

Toss with other seasonal veggies, chopped generously, and a tangy dressing (think mustard or vinegar base).



FREEZE

Blanching (a quick drop in boiling water) is easy and preserves the bright green color and tasty flavor.



SHARE SOME

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