# HOW TO USE CARROTS

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### **RAW CHIPS**

Simply slice the carrots into coin and dip them into your favorite sauce or condiment, like hummus.



### **SALADS**

Shredded or thinly diced carrots add the perfect crunchy texture to almost any salad.



## **GRILLED**

Cut your carrots in half or into quarters depending on the size and place them right on the grill until tender.



# **PICKLED**

Just like a cucumber, only a nicer snap to it.



### **STEAM**

Quick, easy, and hands off. When done, season with salt, pepper, plus a few more of your favorite spices, & enjoy!



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