

8 WAYS TO CELEBRATE PA PRODUCE MONTH

August is PA Produce Month. Pennsylvania fields are ripe for the picking, which means it's the ideal time to enjoy as much local produce as you can get your hands on! Here's how:

1

VISIT PLACES OFFERING LOCAL PRODUCE AT LEAST 1X/WEEK.

2

STOCK UP ON SEASONAL GOODS.

3

CREATE FRESH & HEALTHY MEALS USING JUST-PICKED PRODUCE.

4

BUY EXTRA FOR CANNING, PRESERVING FREEZING, & PICKLING.

5

SWAP RECIPES, IDEAS, TIPS, & VEGETABLE "HACKS".

6

VISIT PAVEGGIES.ORG FOR INSPIRATION & INFORMATION.

7

GET THE PENNSYLVANIA VEGETABLES E-COOKBOOK.

8

SHARE YOUR EXPERIENCES. TAG #PAVEGGIES.

